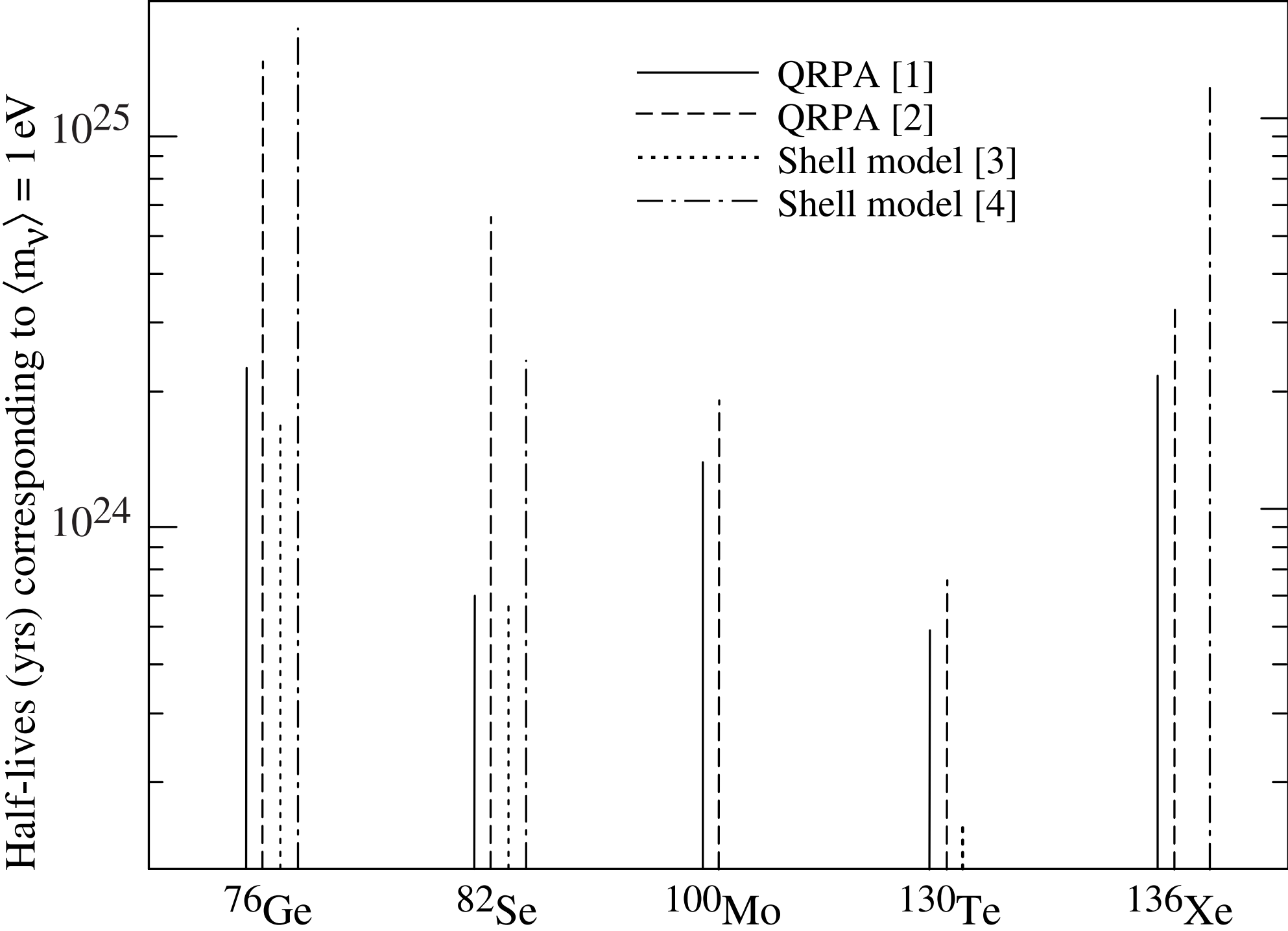
QRPA [1]
QRPA [2]
Shell model [3]
Shell model [4]
Half-lives (yrs) corresponding to ⟨m_ν⟩ = 1 eV
10^25
10^24
76Ge
82Se
100Mo
130Te
136Xe